

Coaching Agreement

RESPONSIBILITY

- Shessa Guide will do everything possible to support you in achieving your results and desired outcomes
- You are the master of your destiny and responsible for the cause of all change in your life.
- Shessa Guide will team up with you to identify and help unlock solutions and offer suggestions, options, and advice I've learned from my experience, training, mentoring, and expertise.
- You're the boss of your decisions and actions. I think holding ourselves accountable first will always lead to growth.
- As you sign this Coaching Agreement, Shessa Guide would like to let you know that we are not a licensed investment, real estate, accounting, finance, health, or law expert. Trust us to be your guide, not your lawyer!

CONFIDENTIALITY

Your coaching relationship with Instructor Shessa Guide will be kept confidential, and she will not disclose any information without your explicit consent. Your privacy and trust are of utmost importance to her, and she is committed to maintaining a safe and secure environment for your coaching sessions.

As a coaching client, you can discuss the coaching relationship with anyone you choose at any time. You can discuss your coaching sessions, progress, and concerns with your friends, family, or other trusted individuals. However, it's important to note that your coach will keep everything you share in your coaching sessions completely confidential unless you permit them to share it with others. So, while you are free to discuss your coaching relationship with others, your coach will always prioritize your privacy and confidentiality.

It is crucial to understand that when you purchase Shessa Guide's Creative Guidance Course/Programs/Coaching sessions, you buy a complete package that cannot be modified or partially completed. If you decide to quit the program at any point, unused sessions may not be eligible for a refund, credit, or transfer.

We recommend that you carefully consider your commitment to the program before purchasing. Our sessions are designed to provide comprehensive guidance and support over a set period, and quitting the program prematurely may impact your ability to achieve your desired outcomes.

Suspending Membership is not possible after your program is in progress. If you are having financial hardships, reach out to Shessa.

SCHEDULING

- Coaching sessions are scheduled a week in advance.
- We understand that life can be unpredictable and your schedule can get busy. If you need to reschedule your coaching session, don't worry! You can easily do it on our website up to 48 hours before your session. Only one reschedule is allowed per single or monthly purchased session.
- Need to cancel your session?! You can easily do it on our website at least 24 hours before.
- If you miss the 24-hour pre-cancel deadline, it will be considered a no-call/no-show, and no refund will be applied. If you have invested in one of my Creative Guidance plans, you will lose your session that month. No refunds, credits, or transfers are available for no-shows.
- If you could not meet the deadline due to circumstances you could not have foreseen, then you can file a no-call/no-show appeal. This appeal can be submitted through the link provided below. The appeal process is designed to help you explain your situation and provide evidence to support your request for an extension or other accommodations. Only legitimate and justifiable reasons will be considered during the appeal review process.

https://forms.wix.com/r/7146721 617404494373

PUSH SHEETS

You may have noticed that you have been assigned Push Sheets to help you achieve your objectives. It is essential to prioritize them as they are invaluable tools that can significantly contribute to your success. With Push Sheets, you gain access to the vital tasks to promote growth, allowing you to stay on track and accomplish your goals efficiently. By making your Push Sheets a top priority, you ensure that you manage your time effectively and make the most of each session. So, don't overlook the significance of your Push Sheets and make them an integral part of your daily routine.

Non-competition of push sheets can lead to being removed from the program.

EXTRA TIME

As part of our investment plan, we offer short catch-up calls between sessions to all our plans at no extra cost. These calls provide additional support and guidance to help you stay on track toward your goals. Regular communication is critical to building a solid and lasting relationship with our clients, and we are committed to making sure you feel supported every step of the way.

Shessa Guide may occasionally call or text outside our regular coaching sessions to discuss an issue or share success to provide exceptional value and enhance results.

EMAIL ACCESS

Shessa Guide is here to help you succeed and understand that sometimes all you need is a quick check-in.

Don't hesitate to email me whenever you feel the need. This can be a great way to stay on track and ensure that you're making progress towards

your goals. Whether you've achieved a milestone or feel stuck, I'm ready to provide support and guidance to help you overcome any obstacles.

Remember, taking advantage of this resource can make a big difference in your success, so keep that momentum going and send that email!